HELPFUL GIFT IDEAS FOR WHĀNAU HAVING A PĒPI

- Insulated mug so hot drinks stay warm
- Nappies and wipes (cloth if preferred)
- Meal delivery service or meals that can be popped in the oven
- Audiobook or Netflix subscription
- Postnatal doula voucher
- Baby carrier or voucher for the sling lady
- Cleaning service
- Supermarket or healthy takeaways vouchers
- Massage voucher
- Weave a wahakura if whānau don’t have access to one
- Healthy snacks
- Laundry service

Caring for a new baby is a super-challenging undertaking. Whilst it is nice to have beautiful things for babies, these gifts are more likely to support whānau during this time. Of course, there is no harm in offering both.