



CANTERBURY BREASTFEEDING ADVOCACY SERVICE

## Breastfeeding Friendly Early Childhood Education

### Policy Template 1

<Organisation name> is a breast/chestfeeding friendly Early Childhood Education (ECE) Centre. We acknowledge the importance of breast/chestfeeding for whānau/families, recognising breastfeeding as providing many positive benefits beyond nutrition. We understand that enrolling your pēpi/tamariki/children in ECE can be a significant barrier to continuing breast/chestfeeding for many whānau/families. As an organisation we aim to support our whānau/families to continue breast/chestfeeding after enrolling in ECE.

As such, we have implemented the following initiatives to achieve a Breastfeeding Friendly ECE certification:

- We will ensure that all kaiako/teachers at the centre are educated on the importance of breast/chestfeeding, are enthusiastically supportive of breast/chestfeeding at any age or stage.
- We will ensure that breast/chestfeeding requirements are discussed with all whānau/families that enrol in our centre at the time of enrolment or as whānau deem necessary.
- We will take any practicable steps to ensure whānau/families feel comfortable to breast/chestfeed anywhere in the centre at any time during centre hours.
- We will provide adequate facilities for breast/chestfeeding within the centre (wash basin, fridge space for expressed breast milk, and a power outlet for pumping).
- We will ensure that all kaiako/teachers are trained and competent in the correct handling and preparation of expressed breast milk.
- We will review this policy periodically and ensure it is kept up to date.

**If your organisation is able provide breast/chestfeeding facilities and/or private space for pumping. You may wish to outline where this room is located and/or what resources you have dedicated to this room.**

We have identified a room onsite, where our centre whānau/families are able to breast/chestfeed or express breast milk in privacy.

#### **Tolerance**

We wish to promote positive attitudes towards breast/chestfeeding and a breast/chestfeeding friendly culture at our centre. For this reason bullying or discrimination towards breast/chestfeeding will not be tolerated. Whānau/families or kaimahi/employees can lay complaints using <insert complaints procedure>



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### **Liaison Person**

We know that combining breast/chestfeeding and Early Childhood Education can be difficult. To further support our whānau we have a nominated breast/chestfeeding support liaison person who is available to provide ongoing support. <Insert details of the liaison person or how to locate who this person is>

### **Further Support**

We encourage our whānau/families to access The Canterbury Breastfeeding Advocacy Service at <http://canbreastfeed.co.nz/earlychildhood/> for further support and information about combining breastfeeding and Early Childhood Education.

Signed

<Centre Manager's name>

<Date>