



## CANTERBURY BREASTFEEDING ADVOCACY SERVICE

### Breastfeeding Friendly Early Childhood Education

#### Policy Template 2

<insert centre name> recognises the importance of breast/chestfeeding for whānau/families and is committed to the support, protection, and promotion of breast/chestfeeding.

1. Prior to commencing enrolment at the centre, <insert appropriate personnel> will discuss the Breastfeeding Policy and options available for breast/chestfeeding and expressing breast milk at the centre. Our process for giving pēpi/tamariki/children expressed breast milk will also be discussed.
2. Breast/chestfeeding whānau/families enrolled at <insert centre name> are encouraged to discuss the type of support and accommodations required for breast/chestfeeding or expressing breast milk. <insert centre name> will strive to support and provide any accommodations required.
3. Breast/chestfeeding whānau/families may breast/chestfeed tamariki/pēpi/children in any location in the centre that is comfortable for them. This includes:
  - Any private spaces that are available at the time
  - The centre floor (nursery/preschool)
  - Any other spaces practicably available at the time of usage
4. A refrigerator is available for safe storage of breast milk. Breast/chestfeeding whānau/families will provide their own bottles/syringes/cups/tubes and all milk stored in the refrigerator should be clearly labelled with the time/date of expression, the family name, and the name of the pēpi/tamaiti/child it is to be given to.
5. <insert centre name> is clearly identified as a Breastfeeding Friendly Early Childhood Centre and breast/chestfeeding promotion information is displayed in the centre and featured in newsletters, our website, job advertisements, and social media channels. Our commitment to Breastfeeding Friendly Early Childhood Centres is stated on our website and in the <Centre Orientation Pack>.
6. All centre kaimahi/staff will receive information and instruction on how to support breast/chestfeeding, the correct preparation of expressed breast milk, and will welcome all breast/chestfeeding whānau/families in the centre.



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7. Discrimination and harassment of any sort is not acceptable at <insert centre name>. Breast/chestfeeding whānau/families who feel they are being treated unfairly are encouraged to follow <insert centre name> Grievance Policy.
8. We encourage our whānau/families to access The Canterbury Breastfeeding Advocacy Service at <http://canbreastfeed.co.nz/earlychildhood/> for further support and information about combining breastfeeding and Early Childhood Education.