



**Sage Femme Lactation Consultancy &
Rotary Community Breast Milk Bank**

Antenatal Breastfeeding Education 2025

OVER 2 CONSECUTIVE WEEKS

5th & 12th June

4th & 11th September

4th & 11th December

10am – 12MD

Leinster Chambers Meeting Room

St George's Hospital

Topics include:

Preparing and planning for breastfeeding

The magic of breastmilk

The first breastfeed

Latching & positioning

Pēpi behaviourand much more

No charge for classes

Koha to Rotary Breast Milk Bank appreciated

Spaces are limited

To book in contact Catherine Rietveld (IBCLC)

027 2286 747

catherine.rietveld.lc@gmail.com



**Rotary Community
Breast Milk Bank**