Te Puawaitanga ki Ōtautahi Trust

TE PŪRONGO-Ā-TAU ANNUAL REPORT 2026



Acknowledging those who have passed

He whakamaumahara tēnei ki ngā taonga mate kua haere ki te taha wairua i te tau nei.

Te Puāwaitanga ki Ōtautahi Trust (Te Puāwaitanga) acknowledges those who have passed this year, rangatira, significant leaders, and close whānau, many of whom paved the way for the generations today and to come. Ētahi kua tuhi nei i te aroha:

Hine King, Ariki Tumu Te Heuheu Tūkino VIII, Jim Bolger, Taina Ngarimu, Susan (Sarah) Huhana Kew Korako, Marcus Amai nee Manawatu, Sidney Boyd Ashton, Dame Karen Poutasi, Wyn Ehau, Hemi Te Hemi, Beryl Manaaki Tawa, Raniera Bartlett, Cooper Charles Smith (taonga tamaiti), Tā Tāmati Reedy, Tā Hirini Moko Mead, Professor Whatarangi Winiata, Charmaine Te Aika-Kopa, Tahi Iriapa Te Rangatikei "Charlie" Hutana.

We extend our whakaaro and aroha to all whānau who have experienced loss. Ki a koutou ngā taonga kua haere ki te taha wairua, moe mai rā, okioki mai rā.



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A message from the Chair

Tiamana | Trust Board Chair

Nā KAREN COUTTS

Kia ora koutou katoa,

Ko Aoraki te mauka, Ko Waitaki te awa, Ko Ngāi Tahu te iwi. Kei te mihi mahana ki a koutou.

It is a privilege to reflect on another year of mahi at Te Puāwaitanga ki Ōtautahi Trust as Tiamana and to acknowledge the many people who contribute to our kaupapa. At the heart of this organisation are our kaimahi, whose dedication to upholding the values of Te Puāwaitanga and their commitment to serving whānau i Te Waipounamu continues to shape the way we work.

This year has also been one of significant development for the Board. We welcomed Tim Buchanan, Liz Krause, Lynne Te Aika, Helen Potiki and Taraia Brown to join Michelle Turrall, Rawa Karetai Wood-Bodley and myself. As a regenerated Board, we have taken time to build our collective understanding of the organisation, our task as governors and the environment in which Te Puāwaitanga operates.

Strengthening these foundations gives us confidence to adopt and deliver on our agreed ten-year strategy, *He Hā Hou | A New Breath*, which will guide the next stage of our journey and expand our services for the benefit of those we serve. Recognising that moving forward does not mean leaving behind current kaupapa, relationships or strengths that have brought Te Puāwaitanga to where it is today. We will continue to learn, adapt, progress and constantly improve how Te Puāwaitanga meaningfully contributes to the wellbeing of whānau now and for generations to come.

We know that the environment currently carries a significantly increased cost of living for many whānau and these increases in fuel and other household costs can impact access to services, maintaining secure housing and meeting everyday needs. We know within the broader health and social landscape, inequities experienced by iwi Māori continue to intersect with wider economic, social and structural pressures.

Additionally, there are continued pressures against further response to Te Tiriti o Waitangi and the protection of tino rangatiratanga. These issues are not separate from our mahi. They are felt within the whaiora (clients), whānau and hapori we work alongside and reinforce the importance of having strong, kaupapa Māori organisations that can listen, respond and advocate with integrity.

I reflect and characterise this year as one of significant lift in preparation for our aspirations. I am proud of the commitment shown by our kaimahi, our leadership and my fellow Board members throughout this period of change and development. I also acknowledge the whānau, hapori, partners and supporters who continue to place their trust in us. As we enter this new chapter, we do so with a clear sense of responsibility to uphold that trust in community and ensure that the work we undertake remains grounded in the aspirations, mana and wellbeing of whānau.



A message from the CE

Manahautū | Chief Executive

Nā GEOFF MILNER

Tēnā koutou,

Ko Hikurangi, ko Matakuhia ōku maunga. He uri tēnei o Kahungunu, o Porourangi, e mihi atu ki a koutou.

He mihi nui ki a koutou katoa. Reflecting on the past year it remains evident that our people, our culture and our tikanga are not separate from the services we provide; they shape how we engage, how we make decisions and how we create the conditions with and for whānau to flourish.

Building on what our Tiamana has mentioned, we are excited to embrace the challenge *He Hā Hou | A New Breath* both forces and enables us to step into, sustaining what is strong, expanding to do more, transforming where change is needed, connecting more deliberately with the people and organisations who share our commitment to whānau wellbeing.

We have felt and tasted the early translating of our plan into action, including the onboarding of new systems capability, new funding acquisition, and the formalising of significant provider and funder partnerships, including with the Social Investment Agency (SIA), Purapura Whetū Trust, and Nurse Maude.

We have also commenced the planning and discussions around Te Ara Taurikura, Integrated Early Years holistic service delivery. At the heart of our strategy is the strengthening of the services and relationships that are working well, exploring new ways to reach whaiora and their whānau where they are, and building partnerships that extend what we can achieve together.

Today, our kaupapa is alive across Te Puāwaitanga. It is reflected in our services, our people and the relationships we have built across Ōtautahi and Te Waipounamu. That is the foundation from which we move forward. *He Hā Hou | A New Breath* is about taking that foundation into the future with clarity, courage and care, continuing to evolve alongside whānau and creating space for new possibilities.

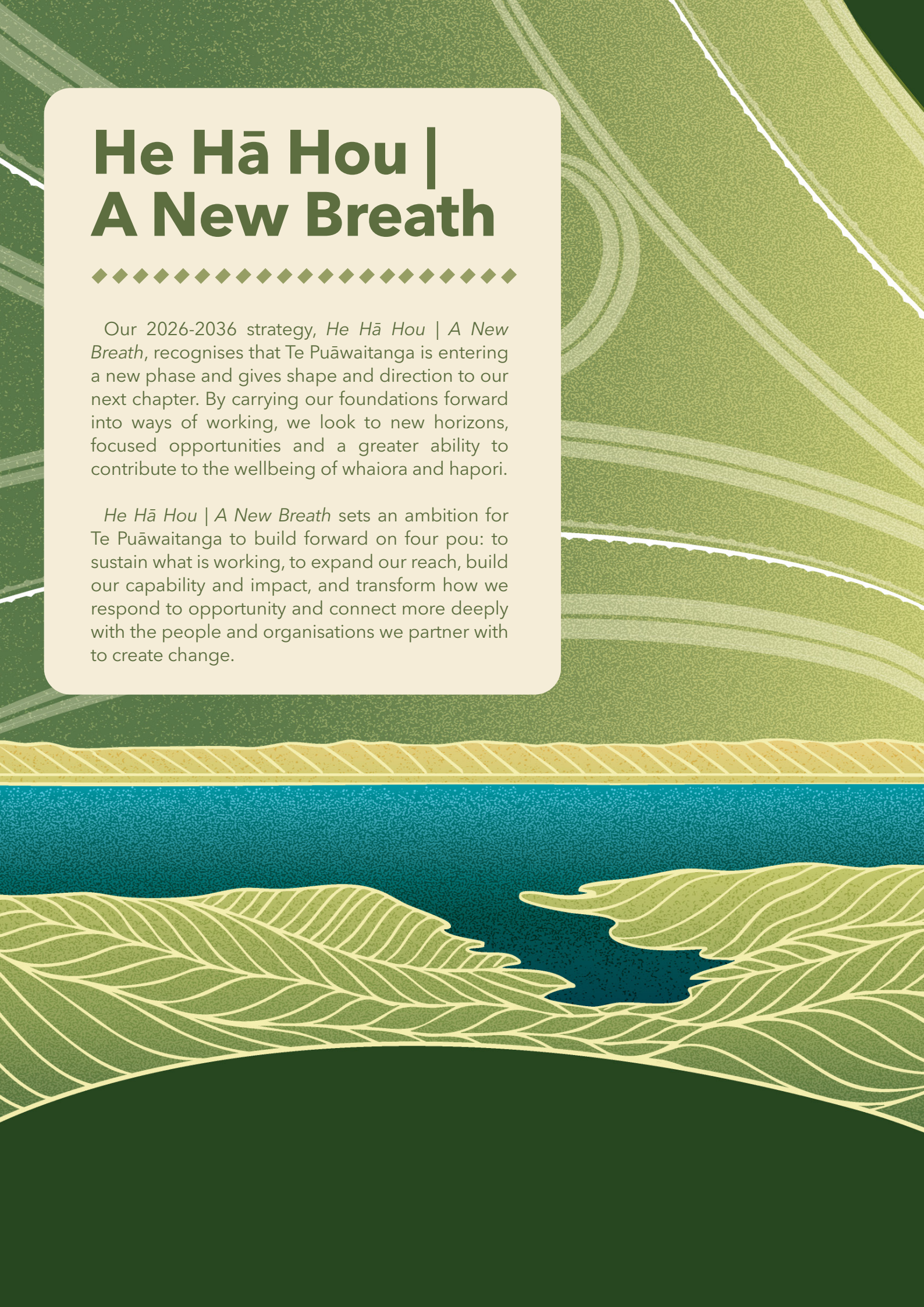
As we end another year, I want to acknowledge the leadership provided by our Board, the commitment shown by those within the Executive, and finally to our amazing kaimahi who represent the Trust's values daily in service to our whānau.

"Mō tātou, ā, mō ngā uri ā muri ake nei. For us, and for those who come after us."

He Hā Hou | A New Breath

Our 2026-2036 strategy, *He Hā Hou | A New Breath*, recognises that Te Puāwaitanga is entering a new phase and gives shape and direction to our next chapter. By carrying our foundations forward into ways of working, we look to new horizons, focused opportunities and a greater ability to contribute to the wellbeing of whaiora and hapori.

He Hā Hou | A New Breath sets an ambition for Te Puāwaitanga to build forward on four pou: to sustain what is working, to expand our reach, build our capability and impact, and transform how we respond to opportunity and connect more deeply with the people and organisations we partner with to create change.



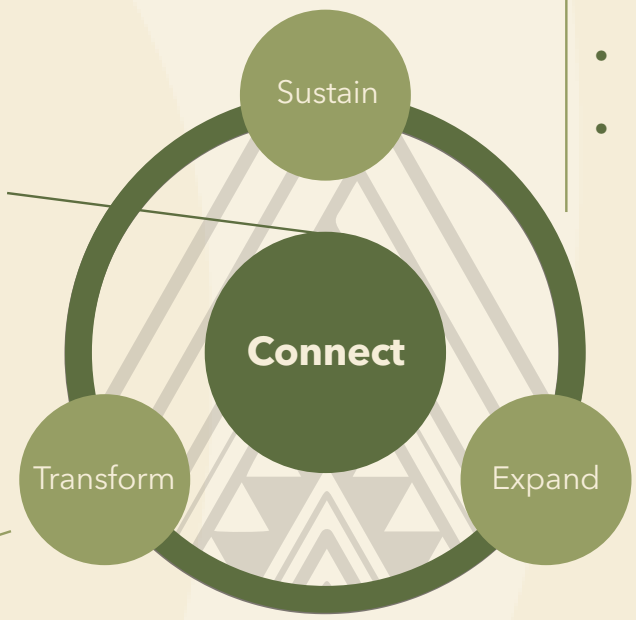
These four pou of the ten-year strategic direction form an interconnected pathway for our journey forward that will strengthen our services and create better delivery against our purpose.

He Hā Hou | A New Breath is about taking strength from what has been built and giving it new breath; knowing where we have come from, recognising what is taking shape, purposefully moving towards what is possible.

Ngā whāinga matua

Strategic Priorities & Key Goals

- Partnering and collaborating to do more with less.
- Engagement activities targeted at increasing cultural connection and belonging.
- Influence and impact built on relationships of integrity and intent.



- Growth in organisational agility & cultural capabilities.
- Deliver excellence across our contracts & services.
- Strong relationships with whānau, mana whenua, iwi, NGO's and partners.

- Reach more whānau in more locations.
- Expanded service provision including housing, training, and kaumātua services.
- Culturally skilled workforce delivering quality multi-sector support.

- Diversify services to meet the increasingly complex needs of whānau and communities.
- Deliver a coherent and feasible end-to-end plan for expansion including investment plan.
- Create financial resilience & diversified revenue to shape a new operating model.
- No wrong door - multiple channels for whānau to connect to us.

Whakapapa | Our genealogy

A vision for whānau to thrive

Te Puāwaitanga ki Ōtautahi Trust began with a vision grounded in aroha, that Māori women and their whānau should have the opportunity not simply to survive, but to thrive.

Led by Dame Aroha Reriti-Crofts, of Ngāi Tūāhuriri, and the Ōtautahi branch of the Māori Women's Welfare League, Te Puāwaitanga was set to meet a need among our people that was not being met by mainstream health and social services. The response needed had to be based on recognising the strengths of whānau, upholding their dignity and Māoritanga, and supporting them to shape better futures for themselves and those who would come after them.

From its beginnings in 2005, Te Puāwaitanga has been grounded in the belief that whānau know what is important to them, and with the right support, relationships and opportunities, they can shape the futures they want for themselves and their mokopuna.

That belief continues to guide our mahi today.

Te Puāwaitanga has grown from a focus on enhancing the health and wellbeing of wāhine Māori and their whānau into a kaupapa Māori organisation working across health, education, justice and social services, that works by walking alongside all whānau throughout the different stages of life.

While the shape of our mahi has changed, the heart of the kaupapa has remained.

Through *He Hā Hou | A New Breath* we will continue to work towards a future where whānau are safe, healthy, stable and connected; tamariki can thrive; whānau have the space to exercise mana motuhake and pursue their own aspirations; and where the systems around them respond to their strengths, circumstances and hopes, rather than asking whānau to fit into structures that were not designed with them in mind.

"To assist Māori whānau to achieve better health, wellbeing and life outcomes, while supporting people with dignity, practical help and aroha."

- Dame Aroha Reriti-Crofts


Mō tātou, ā, mō ngā uri ā muri ake nei.
For us, and for those who will come after us.

He whakawhitinga | The transition we're in

As we look ahead, we recognise pressures that are creating new challenges for many whānau that we need to respond to: rising living costs, housing insecurity, growing demand for support services, and an ageing population. *He Hā Hou* | A New Breath, is our response to these realities. It is a commitment to continue serving whaiora and their whānau in ways that are relevant, sustainable, and impactful, while remaining firmly anchored in the kaupapa and values that have always defined who we are. Our roots remain strong, but our branches must continue to grow.

Our research has reinforced that a safe and stable home is a key foundation from which wellbeing, education, employment, and connection can grow. This is why we are exploring a greater role in housing and supporting whaiora to access secure, healthy, and affordable housing opportunities.

We also recognise the importance of lifelong learning and skill development. Through future educational and vocational training initiatives, we aim to help rangatahi and adults build confidence, gain qualifications, develop practical skills, and create pathways into meaningful employment and economic independence. By broadening the ways we support whaiora and their whānau, we seek to address not only immediate needs, but also the longer-term conditions to enable future generations prosperity.

Our first step will be to look at the needs of our growing kaumātua population. Many of our kaumātua have spent their lives strengthening whānau, preserving culture, and contributing to our communities. As demand for aged support continues to increase, we believe this is an opportunity to provide culturally grounded services that uphold mana, dignity, connection, and independence.

Whether through enhanced community support, wellbeing initiatives, or future kaumātua care services, our aim is to ensure our elders remain visible, valued, and connected. As our services continue to grow, our purpose remains unchanged. We will continue to stand beside whaiora and their whānau, uphold mana, and work towards a future where whānau flourish and generations thrive.



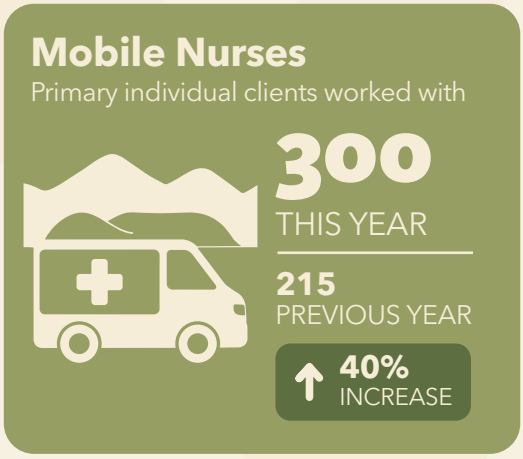
Te hapori me ngā tāpaetanga |
The difference we make

The ongoing impact of the determinants of Māori wellbeing, at both systems and population levels across Ōtautahi and Waitaha, means our services must continue to recognise and respond to the factors that shape whaiora wellbeing. Through periods of national and global change, our holistic Whānau Ora approach, guided by whānau voice, remains central to how we design and deliver our services.

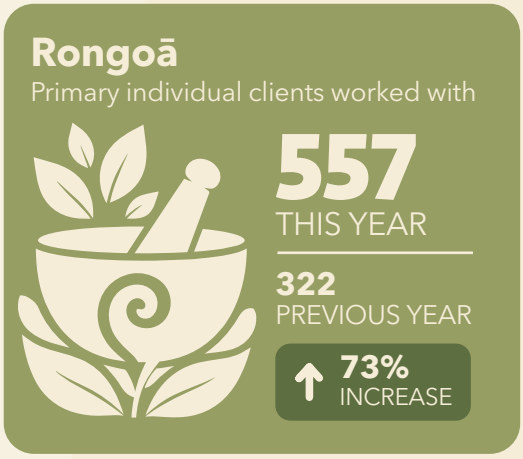
Our mahi recognises that health and wellbeing are shaped by many interconnected factors. By looking beyond individual challenges to understand the wider circumstances, strengths and aspirations of whānau, we can respond in ways that reflect the whole person, rather than a singular aspect of their lives.

This means remaining proactive and adaptable as whānau needs change, and supporting whaiora to navigate barriers shaped by intergenerational hardship and systems that have not always reflected or understood te ao Māori.

Whānau Ora remains the aho matua, the thread that connects our services, relationships and approach as we continue to evolve. It guides us to shape support around what matters most to whānau, uphold their mana and create opportunities for them to pursue their aspirations.



Our mobile nursing team supported more whānau in Sexual Health, Cancer Care & Disease State Management.



More whānau benefited from our traditional holistic wellbeing kaupapa.

He take ōhanga, he take tāngata | Socio-economic conditions

Access to income, employment, education and material resources can shape the choices available to whaiora and their ability to maintain and improve hauora. For many whaiora, financial pressure can affect everyday decisions as well as longer-term aspirations for themselves and their tamariki.

Āheinga Pūtea | Building financial resilience

Āheinga Pūtea is a kaupapa Māori approach to supporting financial resilience. As Te Puāwaitanga moves into *He Hā Hou | A New Breath*, the service continues to evolve alongside the changing circumstances and aspirations of whaiora and their whānau, while remaining grounded in the relationships and values that guide our mahi.

Through one-to-one mentoring and peer-led MoneyMates programmes, Āheinga Pūtea creates practical and accessible opportunities for whaiora to build confidence with their pūtea. This can include managing household budgets, navigating debt, understanding energy costs, planning for future goals and building savings.

In recognition of financial wellbeing also being shaped by the wider environment in which whaiora and their whānau live, Āheinga Pūtea has continued to develop connections with community organisations, educational providers, iwi networks and energy providers, helping whaiora access opportunities and resources beyond the immediate mentoring relationship. This includes supporting whaiora to reconnect with opportunities such as Whai Rawa (for Ngāi Tahu whānau), and working with energy providers to help reduce household costs.

These relationships also create opportunities to respond differently to the needs of whaiora. For instance, Āheinga Pūtea can adjust how support is provided, recognising that equitable outcomes do not always come from treating everyone in the same way.

The outcomes are often found in the everyday goals that matter to whaiora and their whānau: having enough to cover an unexpected expense, reducing debt, feeling more confident about household decisions, or being able to plan for something previously out of reach.

Creating possibilities for the future

These experiences show how financial wellbeing can extend beyond balancing a household budget. When whaiora have the knowledge, confidence and support to make decisions about their pūtea, they can create greater choice in the present and open up possibilities for the future.

For some, that means reducing financial deprivation or resolving debt. For others, it means saving for an aspiration, pursuing further education, or creating greater security for their tamariki. The role of Āheinga Pūtea is to help make those possibilities more accessible, while recognising that each whānau will define financial wellbeing in their own way.

“I want my pūtea to be a tool, not a burden.”

- Āheinga Pūtea whaiora



Āheinga Pūtea | Kōrero-ā-whaiora

Turning aspirations into reality

For one sole māmā, the goal was simple: to take her tamariki camping during the school holidays.

Over six months, regular saving and changes to household budgeting enabled her to purchase camping equipment and cover the costs of the holiday. The outcome was more than improved financial management. It created an opportunity for her whānau to enjoy an experience that mattered to them and demonstrated what can become possible when financial goals are connected to the aspirations of whānau.

Building financial resilience

A māmā raising eight tamariki came to Āheinga Pūtea while carrying significant debt and relying on buy-now-pay-later services.

Through financial mentoring and a budgeting approach tailored to her circumstances, she was able to take greater control of her household finances and resolve her Afterpay debt. She is now saving for planned expenses and making more informed financial decisions, giving the whānau greater confidence in managing what comes next.

Tailored support, meaningful outcomes

For one neurodiverse whaiora, traditional mentoring approaches did not adequately meet their needs.

Āheinga Pūtea adapted its approach, providing person-centred support that enabled the whaiora to establish sustainable budgeting practices and maintain regular bill payments. The value of adapting support around the person, rather than expecting whaiora to fit within a predetermined model can be powerful practice.

Community connections creating change

Through a partnership with Kimihia Parents College, Āheinga Pūtea delivered MoneyMates workshops for young māmā, focusing on practical financial skills and building confidence.

For one participant, the workshops became a pathway into one-to-one mentoring. Within four months, she had saved $600 in emergency funds.

“I used to think budgeting meant missing out. Now I see it helps me feel less stressed about money, and I don’t miss out.”

Mana taurite | Equitable healthcare

For many whānau, the cost of primary care and medication, distance to the nearest clinic or available transport can be a barrier in accessing necessary healthcare. Access to timely care, diagnosis, prevention and treatment has a direct impact on whānau and their ability to live happy, healthy lives.

Rapuora | Making healthcare accessible for hapori

Through our mobile outreach service, Rapuora works alongside whaiora and hapori to provide community nursing, outreach immunisations, cancer care support, rangatahi health services, exercise programmes and community events.

Rapuora takes healthcare beyond traditional clinical settings, supporting prevention, early diagnosis and timely intervention and treatment. Our team of Registered Nurses, Kaiwhakapuāwai and Kaiāwhina brings care into places where whaiora feel comfortable and connected, including homes, marae, community events, exercise programmes and outreach clinics.

Alongside clinical services such as immunisations, health checks and nursing support, the team provides health education, advocacy, appointment coordination and practical support. This helps whaiora navigate barriers such as cost, transport and availability, while making it easier to access care when and where it is needed.

By bringing services into the communities where whaiora and their whānau live, connect and participate, Rapuora continues to evolve how healthcare is accessed. This places focus on earlier engagement with care and creates more opportunities for prevention, diagnosis and treatment, while keeping the experience of whaiora at the centre of how the service is delivered.

“You helped me understand my health and gave me the confidence to ask questions.”

- Outreach Immunisation whaiora

Tamariki Ora | Supporting whānau through the early years

Tamariki Ora is a free Well Child service supporting Māori and Pacific whānau and tamariki from birth to five years. Through regular contact in the home and community, our nurses and Kaiwhakapuāwai support whānau to understand their pēpi and tamariki growth, development and wellbeing, while creating space to talk about what matters to them.

The value of this continuity extends beyond routine checks. By building relationships over time, kaimahi can recognise when whānau may need additional support, respond to concerns early and connect them with the right people and services. Sometimes that means practical assistance or advocacy; sometimes it is simply knowing that someone will check in when circumstances change.

Tamariki Ora also provides a pathway into wider Te Puāwaitanga support. Kaimahi can connect whānau with services across health, housing, financial wellbeing, parenting and whānau support, helping them navigate options and make choices that work for their circumstances.

This approach was reflected in the 2026 Services for All Whānau Prototype, which explored how Well Child services could better support whānau. Te Puāwaitanga was the hauora Māori provider for Te Waipounamu involved. The findings reinforced the value of strengths-based, whānau-centred and responsive approaches, including giving whānau greater choice in how and where they engage.

The stories that follow show what this can mean in practice: a whānau knowing support is available before they need it, a long-standing housing issue finally being resolved, or a māmā feeling more confident to advocate for her tamariki and whānau.



Tamariki Ora | Kōrero-ā-whaiora

Prioritising wellbeing

Hana is a 26-year-old māmā expecting her second pēpi. With much of her wider whānau living in Te Ika-a-Māui, she recognised the importance of strengthening her support network during this hapūtanga, while continuing to prioritise her mental health and wellbeing.

Having engaged positively with therapy and maintained her sobriety, Hana wanted to better understand her mental health and explore a psychological assessment that reflected her current circumstances.

Kaimahi provided a safe space for Hana to talk about what mattered to her, shared information about available options and explored pathways to appropriate assessment and support. They also offered advocacy as she considered what would best meet her needs.

Hana's willingness to seek support early in her pregnancy, alongside her own commitment to wellbeing, is helping her build a stronger foundation for herself, her tamāhine and her growing whānau.

Supporting safety and stability

Following a serious family violence incident, a māmā and her four tamariki faced significant uncertainty around their safety and wellbeing. Māmā acted quickly to protect her tamariki, sought advice and began exploring legal and support pathways available.

Kaimahi provided a calm and consistent point of support while she navigated a complex situation. Working alongside other services, they helped māmā understand her options, access legal advice, communicate with Police and Oranga Tamariki, and maintain safe care and breastfeeding for her pēpi.

This coordination helped create clearer pathways towards immediate safety and longer-term support. Pēpi was safely returned to care of māmā, allowing her to resume her role as primary caregiver and maintain important nurturing routines.

Māmā also reported greater confidence in caring for her tamariki safely and a clearer understanding of the systems and supports available to her. The whānau remains connected with services as they continue to work towards safety, stability and wellbeing.

"Thank you for your support. I really appreciate you helping me. I couldn't have done this without your support and acting so quickly."



Ngā kitenga moata | Prevention and early intervention

Barriers to accessing timely healthcare, including prevention and early intervention, can lead to worse health outcomes for whānau and conditions being identified at a more advanced stage. For whānau, preventative care like immunisation, health checks, primary-care engagement and screenings is strengthened when early-access care is available in places that are accessible and through relationships they trust.

Outreach Immunisation | Getting ahead for our whānau

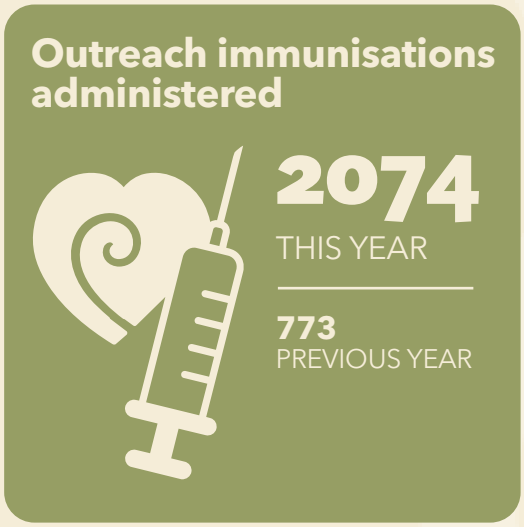
Outreach Immunisation provides an important entry point for whaiora and their whānau who may not be regularly connected with routine healthcare.

Through sustained whanaungatanga and culturally responsive, non-judgemental engagement, kaimahi support whaiora to make informed decisions about immunisation while also identifying and responding to wider barriers to care. This has enabled catch-up immunisation alongside opportunities to reconnect with primary care and other health and support services, strengthening whaiora confidence and connection with the health system.

Our community-based nursing model creates further opportunities for earlier intervention. The weekly Hauora Clinic at Te Puāwaitanga Eastgate site combines immunisation with routine health assessment and has increasingly become an accessible first point of contact for whaiora presenting with other health concerns. Nurses can assess, provide health advice, identify when further care is required, and support referral or navigation into appropriate services.

Together, these approaches reflect a broader model of prevention: taking healthcare closer to whaiora, recognising need earlier and strengthening pathways into ongoing care. Rather than treating immunisation, screening or health assessment as isolated interventions, each interaction creates an opportunity to build trust, address barriers and support whaiora to access the care they need.

This approach builds on what is already working while creating further opportunities to reach whaiora earlier and in more accessible ways. As Te Puāwaitanga steps deliberately forward into *He Hā Hou | A New Breath*, the focus remains on strengthening these relationships and extending the places, pathways and partnerships through which whaiora can access timely, trusted healthcare.



This year we have better captured our outreach immunisations administered to encompass all outreach immunisations (non-category specific).



He kaupapa whare |
Affordable, appropriate housing conditions

Access to appropriate, affordable and good-quality housing can have a significant impact on whānau and their ability to maintain and improve hauora. For many whānau, poor insulation and heating or overcrowding can contribute to avoidable respiratory illness, infection and long-term health conditions.

Tamaiti Healthy Homes | Understanding our home, understanding our health

At the heart of this mahi is a simple understanding: the quality of our homes has a direct bearing on the health and wellbeing of tamariki, pēpi and whānau.

This year, our Home Performance Assessor-qualified kaimahi delivered 200 Comprehensive Housing Assessments (CHAs). Addressing dampness and mould, improving warmth, accessing insulation or navigating housing-related challenges, Tamaiti Healthy Homes brings together practical support and education to create healthier living environments.

Partnership is integral to Tamaiti Healthy Homes. This service is collaboratively delivered, drawing on the strengths of Te Puāwaitanga and Tangata Atumotu Trust (Pacific Health Provider) as anchors for wider intervention and support. Together, the partners bring complementary expertise and cultural knowledge to respond to the needs and aspirations of Māori, Pacific and wider whānau communities.

This approach strengthens connections across services and provides a more sustainable foundation for supporting whaiora.

A key strength of the service is its ability to coordinate multi-agency and internal interventions around the needs of each whaiora and their whānau. This year, partnerships with organisations including Community Energy Action, Fire and Emergency New Zealand (FENZ), the Curtain Bank and St Vincent de Paul helped make practical support accessible where it may otherwise have been out of reach.

“We feel blessed to have our home warm and dry, keeping us all healthy, especially our tamaiti who was always getting sick.”

- Tamaiti Healthy Homes whaiora

Support coordinated through Tamaiti Healthy Homes included:

Home repairs

Extractor fans, leaks, patching and window latches to improve ventilation, moisture control and safety.

Heating and warmth

Firewood, insulation and guidance on efficient heat-pump use.

Warm bedding

Sheets, comforters and duvet covers to support warm, healthy sleep.

Mould prevention

Mould treatment kits and education to help reduce dampness and mould.

Home safety

Smoke alarms installed by FENZ and first aid kits supplied to households.

Whānau support

Food parcels through St Vincent de Paul to help reduce financial pressure during the intervention period.

This coordinated approach places health equity at the centre of housing support, recognising that healthier homes combat conditions that contribute to respiratory and infectious illness and longer-term health impacts.

Looking ahead, we are exploring ways to extend reach into rural communities, with a priority on Waimakariri, Hurunui and Kaikōura District, including where referrals have historically been lower. By strengthening local connections and adapting how we work, we want to help ensure geography is not a barrier to accessing healthy housing support.

The foundations strengthened this year, including a growing team, developing systems and deeper partnerships, provide a strong platform for the next stage of Tamaiti Healthy Homes.

As the service continues to grow, our commitment remains the same: to listen to whaiora, respond to their needs and work alongside them to support healthier homes and healthier futures.

Ngā whakatoihara |
Health-system inequity

Health and wellbeing are shaped not only by the services available, but by how those services are designed, accessed and experienced. Addressing health-system inequity means creating services that are responsive to whānau, recognise the knowledge and strengths they hold, and support them to have greater influence over their own health and wellbeing journeys.

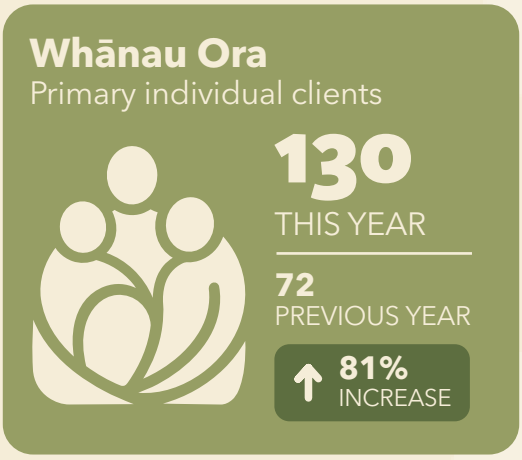
Kaitūwhana | Breaking barriers of inequity

Throughout the year, Whānau Ora Kaitūwhana continued to be invited into some of the most important spaces in people's lives. In many cases, whaiora were navigating multiple systems while remaining committed to the futures they envisaged for themselves, their tamariki and their mokopuna. Often behind the scenes, the mahi of our Kaitūwhana is vital in helping ensure whaiora experiences are consistent, tika and responsive to the changing needs of our hapori.

Each whaiora experience challenges us to think differently about how support is offered, how trust is nurtured and how services can continue to evolve alongside what matters most to them. What became increasingly clear was that there is no single pathway for whaiora. Many brought strengths that were not always recognised by traditional systems, while others required approaches that reflected different ways of learning, communicating and engaging with support.

Rather than asking whaiora and their whānau to fit within existing structures, Kaitūwhana continued to shape service delivery around what whaiora themselves identified as important.

This learning continues to shape the future direction of the service. It informs how we advocate, build partnerships and create opportunities for whānau to exercise tino rangatiratanga over their own journeys. While approaches continue to adapt, the kaupapa remains unchanged: supporting whānau to realise their aspirations in ways that uphold mana, strengthen whanaungatanga and contribute to the wellbeing of future generations.



Our Kaitūwhana supported more whānau with complexities with nearly double the outreach.

Kaitūwhana | Kōrero-ā-whaiora

Experience and care catered to whānau

The experience whānau have when engaging with a service is as important as the support they receive.

Before engaging with our Kaitūwhana, a tamaiti had been experiencing significant bullying at kura. At the time, they had low confidence, shared very little about what they were experiencing and found it difficult to stand up for themselves. This also meant their whānau did not fully understand what they were carrying or the extent of what was happening for them.

Since engaging with our Kaitūwhana, there has been a noticeable shift. They have grown in confidence, they have a stronger understanding of their own worth and are increasingly able to speak openly with their Māmā about their experiences. This has included having the confidence to share experiences of historical abuse that they had previously held onto. Importantly, they are also becoming clear and firm in their own boundaries, including who they want to engage with and how they want that engagement to happen.

Access to support matters, but so too does the experience whānau encounter. For this whānau, being seen, valued and supported in a way that recognised their tamaiti made a meaningful difference. Equitable service experience found in the relationships we built, the way we uphold mana, and our willingness to recognise the strengths, aspirations and potential that whānau already carry.

He ratonga tika | Culturally grounded practice

Culturally grounded practice is fundamental to equitable care. It requires more than culturally appropriate services; it means creating environments where whānau feel their identity, knowledge, tikanga and aspirations are recognised and respected, and where they can participate in decisions about their own care. For Te Puāwaitanga, this means both creating culturally safe experiences within our own services and contributing to a wider maternity and early years system where mātauranga Māori and whānau aspirations have a legitimate place in shaping care.

Reclaiming Māori birthing practices and strengthening Culturally appropriate care for whānau

From Whānau Mai through to Waiata Mai, Ūkaipō and Te Aho Mutunga Kore, whānau describe spaces where they feel welcomed and connected. Grounded in whakawhanaungatanga and manaakitanga, these kaupapa strengthen relationships, connection with te ao Māori and pathways between services as whānau move through hapūtanga and early parenting.

"We were also able to reconnect with te ao Māori, and have since increased practices we use in home, especially through Waiata Mai and Tūpuna Parenting."

- Whaiora Voice

Central to this approach is the reclamation and normalisation of Māori knowledge and practices associated with hapūtanga, birth and parenting. Through aho muka, ipu whenua, ipu pito, wahakura, waiata and Tūpuna Parenting, mātauranga Māori is not positioned as an addition to care, but as knowledge with an important and legitimate place in the journeys of whānau and pēpi.

Whānau describe these practices as meaningful, grounding and empowering, strengthening cultural confidence and supporting mātauranga Māori to be carried into birthing, parenting and everyday life within the kāinga.

Our responsibility to culturally grounded practice also extends beyond direct service delivery. Through Whānau Mai, tauira midwives engage with kaupapa Māori approaches to pregnancy, birth, breastfeeding and early parenting, including practical experiences that build their confidence to support Māori birthing practices. This contributes to a future maternity workforce better equipped to uphold whānau choice and deliver culturally safe care.

Through Te Mana o Te Whānau, this influence extends to the current workforce. Practitioners across maternity, health, social and community services are supported to examine practice, power, bias, assumptions and systemic inequities, and how these shape the experiences of whānau. Participants identify practical changes to their own practice, including strengthening whanaungatanga and mana-enhancing engagement, recognising power imbalances, improving Sudden Unexpected Death in Infancy (SUDI) conversations and supporting customary Māori practices.

Legal Literacy | Building confidence, knowledge and voice

Access to clear, relevant information about rights and legal processes can strengthen whānau ability to participate in decisions that affect their lives. Legal literacy is an important part of supporting whānau to understand their rights, have their voices heard and exercise greater self-determination within systems.

Legal Literacy continued to provide an important source of support for whānau navigating complex circumstances and systems, including the Family Court and Oranga Tamariki.

The kaupapa recognises that legal literacy is about more than knowing how a process works. Kaimahi work alongside whānau to build knowledge of their rights, strengthen their voice and create the conditions for more informed participation in decisions that affect them.

Throughout the year, whānau were supported to engage with legal processes, build relationships with legal professionals to better advocate for themselves and whānau. Alongside this, kaimahi connected whānau with wider supports across housing, health, education, financial assistance, parenting programmes and community networks. These connections can help strengthen the foundations for stability, wellbeing and greater self-determination.

At its heart, Legal Literacy is about shifting the experience of systems: ensuring whānau have access to information, understand their options and are supported to make decisions that reflect their values, aspirations and hopes for future generations.

Through this kaupapa, whānau can build the knowledge and confidence to have their voices heard and move forward with strengthened agency and rangatiratanga.



Legal Literacy | Kōrero-ā-whaiora

Having a meaningful voice

For one pāpā, navigating serious circumstances with implications for both his future and his role as a father brought significant uncertainty. While whānau support surrounded him, there was limited understanding of the legal processes ahead, what representation and support were available, or how he could meaningfully participate in decisions affecting himself and his tamaiti.

Through Legal Literacy, he was supported to navigate hui with Oranga Tamariki and make sense of what was being asked of him, while keeping the wellbeing of his tamaiti and his aspirations as a pāpā at the centre. Having someone alongside him to make the process clearer created space to ask questions, understand expectations and advocate for himself and his tamaiti.

For this whānau, support was about more than navigating a system. It was about having enough understanding of that system to have a meaningful voice within it. Rather than decisions and processes happening around him, he was supported to participate with greater clarity and confidence, while holding firmly to what mattered most: his relationship with his tamaiti and his hopes for their future.

This experience reflects an important part of the Legal Literacy kaupapa. When whānau have the knowledge and support to understand their rights, make informed choices and participate meaningfully in the systems affecting their lives, the conditions for greater rangatiratanga are strengthened.



Oranga tonutanga | Long-term health conditions

Long-term health conditions disproportionately impact Māori and Pacific whānau. Illnesses including cardiovascular disease, diabetes, cancer, respiratory illness and other chronic conditions contribute significantly to morbidity and premature mortality.

Rapuora | Supporting whānau living with long-term health conditions

Rapuora Primary Community Care provides holistic, kaupapa Māori support for whānau living with long-term and complex health conditions across Waitaha. Recognising that hauora is shaped by more than clinical needs alone, kaimahi work alongside whaiora navigating health conditions alongside barriers such as transport, financial pressures, housing challenges and limited access to care.

Through outreach nursing, health navigation, advocacy, education and practical support, kaimahi connect with whaiora in their homes, marae, community settings and through ongoing phone and text contact. This helps whaiora and their whānau access healthcare, understand their conditions, attend appointments and make informed decisions about their wellbeing.

"Having someone walk alongside us made the whole process less overwhelming."

- Whaiora Voice

Registered Nurses supported whaiora living with diabetes, cardiovascular and respiratory conditions, cancer, mobility challenges, disability and other long-term health concerns. Alongside health assessments, condition monitoring, medication support and referrals, kaimahi helped coordinate specialist care, navigate services and address barriers to accessing treatment.

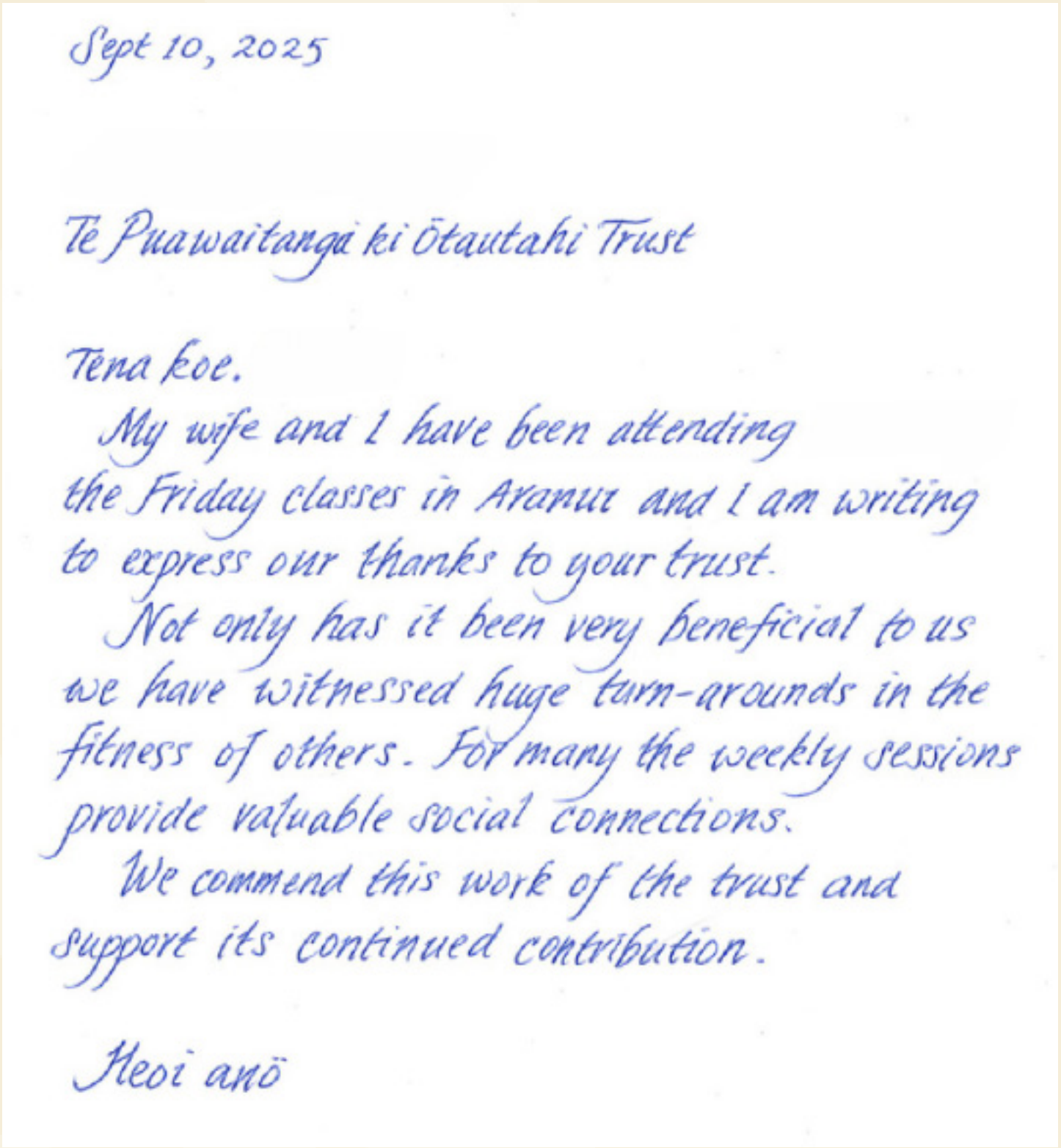
Supporting hauora also means creating opportunities for connection and participation beyond clinical care. Through Wai Ora, Oranga Tonutanga and other community-based initiatives, whaiora can build confidence, improve mobility and strengthen social connections. These groups provide opportunities to share experiences, build friendships and encourage one another in working towards their hauora goals.

Over time, we see whaiora grow in confidence, become more active and feel less isolated. For many, the relationships formed through these groups extend beyond the programme, providing an ongoing source of belonging and peer support.

This mahi reflects the value of care that recognises the whole person, not just their health condition. By combining clinical support with practical assistance and meaningful connection, Rapuora helps whaiora navigate healthcare, manage their conditions and take steps towards the wellbeing they want for themselves and their whānau.

"The group has become something I look forward to every week. I've made friends, become more active and feel connected again."

- Whaiora Voice



Sept 10, 2025

Te Puawaitanga ki Ōtautahi Trust

Tena koe.

My wife and I have been attending the Friday classes in Aranui and I am writing to express our thanks to your trust.

Not only has it been very beneficial to us we have witnessed huge turn-arounds in the fitness of others. For many the weekly sessions provide valuable social connections.

We commend this work of the trust and support its continued contribution.

Heoi anō

- Whaiora Voice

Hauora hinengaro | Mental health and wellbeing

Supporting mental wellbeing requires care that recognises the whole person and creates culturally grounded pathways through hapūtanga, birth and early parenting. This includes access to kaupapa Māori approaches that support whānau choice in how their wellbeing is understood and supported, while strengthening wider system understanding so that kaupapa Māori approaches and whānau voices help shape how care is delivered.

Whānau Whakapuāwai | Working through the systems with our whaiora

Whānau Whakapuāwai, our kaupapa Māori perinatal mental health service, continued to strengthen relationships and contribute to wider understanding of Māori perinatal wellbeing throughout the year. Alongside direct support for whaiora, the team contributed to research, workforce development, education and advocacy, helping strengthen the pathways through which Māori can access culturally responsive mental health support.

The team collaborated with researchers trialling Māori mental health assessment tools, supporting the development and understanding of approaches that better reflect Māori experiences of wellbeing. Working alongside Māori midwives, the team also contributed to stronger referral pathways and shared learning around perinatal mental health, helping build greater connection between maternity and mental health services.

Our attendance at the inaugural Ngākau Aroha Hui-ā-Tau for Tūpuna Parenting in Tāmaki Makaurau provided an opportunity to share our experience and contribute to wider kōrero about supporting whānau through early parenting. The team also shared the Whānau Whakapuāwai social work role with undergraduate Social Work students at the University of Canterbury, creating an opportunity to support future kaimahi while strengthening understanding of kaupapa Māori approaches in practice.

Whānau Whakapuāwai also submitted feedback to the development of Manatū Hauora Mental Health and Wellbeing Strategy 2026-2029, advocating for greater recognition of perinatal mental health needs and sustained investment in kaupapa Māori therapeutic pathways. In Whakatū Nelson, kaimahi further contributed to perinatal mental health education through an education day, presenting holistic, connected care: working together to support whānau across the perinatal journey.

Together, these activities demonstrate the reach of Whānau Whakapuāwai beyond direct engagement with whānau. Through relationships, shared learning and advocacy, the service is helping strengthen referral pathways, support the development of future and current kaimahi, and contribute to a wider understanding of kaupapa Māori approaches to perinatal mental health.

As Te Puāwaitanga moves into *He Hā Hou | A New Breath*, this work reflects a growing role for our kaupapa: continuing to provide care grounded in the needs and aspirations of whānau, while sharing what we learn to help strengthen the systems around them.

He reo whānau | Continuing to hear what is key for mental wellbeing services

Whānau Whakapuāwai returned to the foundations of our service development: listening to whānau. The team held a kanohi-ki-te-kanohi whānau consult wānanga alongside an anonymous survey, creating space for whānau to share what is working well, where barriers to participation exist, and what could make future rōpū more accessible and relevant.

Consistent and flexible service delivery

Whānau valued regular, predictable opportunities for connection, particularly weekly groups, while also highlighting the need for flexibility around timing and seasonal delivery.



Communication

Regular communication was valued, although some whānau shared that frequent messaging could feel overwhelming. The feedback highlighted the importance of communication that is balanced, consistent and predictable.



Ongoing barriers to access

Practical barriers continue to affect participation, including travel distance, fuel costs, weather and illness. Whānau feedback highlighted the potential value of transport support in making access more equitable.



Emotional and wellbeing barriers

Whānau identified anxiety, low energy, sleep deprivation and concerns about attending with tamariki as factors that can make participation difficult. These insights reinforce the importance of trauma-informed, low-barrier approaches to engagement.

Whānau Whakapuāwai
Kōrero-ā-whaiora

Healing through community support

"As a māmā of six, with my youngest who has Māori whakapapa, I feel incredibly fortunate to access this service. It has helped me heal from years of trauma in ways many other services have not. I entered Whānau Whakapuāwai at a time when other services told me I was 'not sick enough', despite a lifelong mental health diagnosis. Here, I was seen, heard, and supported through every high and low."

Building lasting connections

"I have been part of this service for 18 months and still clearly remember my first day in a group space. I was extremely anxious, as past experiences with group mental health support had felt unsafe and judgemental. From the moment I entered, I learned this space was different; filled with aroha, tautāwhi, and understanding. The kaimahi created a safe environment where we could be honest about our struggles as māmā and as wāhine, something I had never experienced before. Although the nine-week programme ended with a graduation, the connections continued and opened the door to many other group spaces."



He tūhononga ki te whānau |

Whānau and community connection

Whānau and community connection are an essential part of a person's sense of belonging and engagement. For many whānau, a strong connection to their whānau, hapū and iwi, along with cultural and community connections can support positive, sustained engagement with health services.

Rapuora | Services supporting the holistic wellbeing of our whānau and hapori

Over the past year, our community exercise and wellbeing programmes have continued to strengthen their presence across Waitaha, reconnecting with whānau and building relationships through community-based health and wellbeing opportunities.

Wai Ora provided a weekly aquatic exercise programme, while Oranga Tonutanga offered weekly heart health exercise and education. Both services provide opportunities for pakeke and kaumātua to strengthen their physical wellbeing while building social connection and reducing isolation. These programmes have achieved Sport Canterbury Strength and Balance Community Programme Accreditation, recognising their contribution to strength, balance, confidence and overall wellbeing for participants.

Throughout the year, our community-based approach continued to show the value of meeting whānau where they are. Marae hauora days, community events, outreach clinics and hauora programmes such as Wai Ora and Oranga Tonutanga created opportunities to access healthcare in culturally safe and familiar environments. Alongside supporting physical wellbeing, these opportunities strengthen social connection, reduce isolation and create a sense of belonging.

Our Monday Nurse-Led Clinic continues to provide a trusted and accessible point of care, offering health checks, immunisations, screening, health advice and nursing support.

The re-establishment of our presence at Healthy Day at the Pā at Tuahiwi Marae was an important opportunity to reconnect with whānau and provide health promotion within a trusted community setting. The team also supported a range of community events throughout the year, including Te Wānanga o Aotearoa Hauora Hub, Christchurch City Council Hauora Wellness Day, Waitaha Kapa Haka Regionals and Marae Hauora Days. These events brought health checks, immunisations, health information and nursing support directly to the people.

We see the impact of this approach through continued participation in our community programmes, strong engagement at community events and outreach clinics, growing community partnerships, and the ongoing trust of whānau.




Cowles Stadium
ORA RAU

He ratonga mō Ngāi Māori | Service design and Māori participation

Service design and genuine partnership, including Māori leadership and locally designed kaupapa Māori services, can improve accessibility, trust and responsiveness.

Family Start | Supporting whānau from the earliest years

Family Start works alongside whānau during the early years of their tamariki, providing intensive home-based support to help pēpi and young children get the best possible start in life. Through a voluntary, whānau-led approach, support is shaped around each whānau's strengths, circumstances and aspirations, with tamariki health, development, learning and relationships at its heart.

Working alongside a Whānau Āwhina / Family Support Worker, whānau can build confidence in their parenting and caregiving, strengthen nurturing relationships and work towards goals that matter to them. By bringing support into the home, kaimahi can respond to the realities of everyday whānau life, offering practical guidance and encouragement in a familiar setting.

The relationship extends beyond parenting support. Kaimahi help whānau navigate services and access practical tautoko, including health checks, Well Child services, early-childhood education, housing assistance, financial capability support, rongoā and parenting resources. This can help ease pressures on daily life, strengthen connections and create more opportunities for tamariki to thrive.

The changes supported through Family Start are often connected. Greater stability at home, stronger daily routines, increased confidence in parenting and improved access to health and learning opportunities can all contribute to tamariki wellbeing. For whānau, progress is reflected in the goals they set for themselves, the relationships they strengthen and their growing confidence in shaping the future they want for their tamariki.

Behind this mahi is a commitment to reflective, relationship-based practice. Kaimahi are supported through regular supervision and shared reflection, while relationships with other providers help build more coordinated pathways for whānau. Contributions to the Family Start review have also brought practice insights and whānau experiences into discussions about the programme's future.

As the programme continues to evolve, strengthening how whānau-level progress is captured will help make these changes more visible. Alongside programme measures, recognising the practical achievements and experiences described by whānau will help build a fuller picture of Family Start's impact, keeping tamariki wellbeing and whānau aspirations at the centre.

Kā Au Kahuraki | Building connection around tamariki and whānau

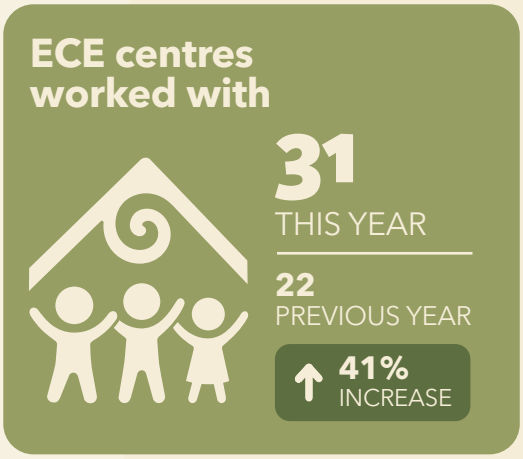
For tamariki to thrive in early learning, whānau need to feel connected, supported and confident in the choices they make for their children. Kā Au Kahuraki worked alongside 31 early learning centres, their whānau and tamariki on the Ōtautahi eastern suburbs to help create those conditions.

Kaitiaki build relationships with whānau, Centre Leads and kaiako through regular visits, home support, practical āwhina and connection into wider services. This relational approach means support can respond to what is happening in a whānau's life, whether that is an immediate need for kai, clothing or transport, support to access a specialist service, or a pathway towards longer-term wellbeing.

Often, addressing an immediate pressure creates space for something more. Practical support has helped whānau re-engage with early learning, attend health appointments, begin healing journeys and take steps towards education, employment and financial stability. Centre Leads have also valued having a trusted pathway for responding when whānau needs extend beyond the role of an early learning centre.

Kā Au Kahuraki is also part of a wider Te Puāwaitanga network. Through connections with services including Āheinga Pūtea, Tamaiti Healthy Homes, Whānau Ora, Rongoā, Legal Literacy and parenting programmes, whānau can access support that responds to the wider circumstances shaping their wellbeing.

This is participation in action: listening to what whānau need, responding early and building the relationships that help tamariki and whānau move towards their aspirations.



Our Kā Au Kahuraki team now work with more ECE's in the east side of Ōtautahi, supporting tamariki and whānau within those communities.

Kā Au Kahuraki | Kōrero-ā-whaiora

From receiving support to uplifting others

When this māmā connected with Kā Au Kahuraki, she was navigating the challenges of settling into Aotearoa, financial pressure and finding a home for her tamariki. Through a consistent relationship with her kaitiaki, she received practical tautoko with kai, kākahu and housing, alongside connections to local Early-Childhood Education Centre (ECE) and other services.

Having support in place helped ease the pressure on her whānau, creating space to focus on her tamariki and her own wellbeing. She also grew more comfortable accepting help, something she had previously found difficult as someone used to supporting others.

That experience has since inspired her to support other wāhine. She has established a wānanga called Māmā Whakawhenua, sharing the highs and lows of moving to Aotearoa, exploring whakapapa and healing, and is preparing to host her first wānanga for wāhine at home.

Her journey reflects how practical support and a relationship built on trust can help whānau move towards their own aspirations, while creating opportunities to uplift others in their community.

"Help like this allowed me to deal with mental anguish, as the weight of doing it all on my own was getting taken care of. I was able to heal and heal my tamariki and be okay with getting help when I needed… Honestly kaitiaki, you're a beacon of light, a pou".



Poipoia te Mokopuna | First teacher in the whare

For whānau, early learning begins well before a tamaiti enters an early-childhood setting. It begins at home, through everyday relationships, routines and the knowledge whānau hold about what their tamaiti needs to grow and thrive.

Poipoia te Mokopuna works alongside whaiora and their whānau in their homes and communities, supporting tamariki under three through a kaupapa Māori, whānau-led approach. By meeting whaiora where they are and working at their pace, kaimahi create space for whānau to make informed decisions about their tamariki learning and development while upholding their tino rangatiratanga.

This year, that included supporting whaiora to explore and transition into Early-Childhood Education (ECE) and kōhanga reo, providing practical guidance around enrolment, fees and available support, and creating opportunities to learn together through kaupapa Māori wānanga. Tūpuna Parenting, our values-based parenting centred around cultural connectedness and strengthening resilience, provided a space for whānau to reconnect with tūpuna ways of raising tamariki, while Para Kore and Kope Tautaiao (waste-free nappies) wānanga supported practical learning around reusable nappies, household savings and kaitiakitanga.

The impact is found in these everyday moments: a whānau feeling more confident about choosing an early learning setting; a parent gaining practical tools to support their tamaiti at home; or whānau finding connection and reassurance through shared learning with others.

Through these relationships, Poipoia te Mokopuna supports whānau to build confidence in their own knowledge as first kaiako and aspirations, strengthening the foundations for tamariki to learn, belong and thrive.



Early-Childhood Education Support

For some whānau, navigating early learning and education systems can come with barriers that extend well beyond enrolment. Financial pressure, housing, transport, health, family circumstances and additional learning needs can all influence whether tamariki are able to participate and thrive.

Early-Childhood Education Support works alongside whānau to understand what is getting in the way and identify practical pathways forward. Through whānau-led planning, advocacy and connection, kaimahi support whānau to navigate ECE, kōhanga reo and kura in ways that reflect their circumstances and aspirations.

This can mean supporting an enrolment, attending a centre visit, working alongside kaiako, helping a whānau understand their options, or coordinating support around a tamaiti with additional learning or neurodivergent needs. Practical assistance, including school bags and first-day-of-kura resources, can also help reduce pressure at important transition points.

The value of this mahi is not simply measured by a tamaiti entering an early learning or education setting. It is also reflected in whaiora and their whānau feeling informed, prepared and confident to participate in decisions about their tamariki education.

By listening to whānau and working alongside the wider network around them, the service helps create pathways into learning that are responsive to each whānau, rather than asking whānau to navigate the system alone.

Wahakura Distributed

404
THIS YEAR

402
PREVIOUS YEAR

0.5% INCREASE

Wahakura provision remained consistently strong, supported by reliable wānanga that continued to provide whānau with kaupapa Māori-informed safe-sleep knowledge and resources.



Te Tamaiti te Puāwai | Supporting māmā in prison

For māmā and pēpi experiencing the Mothers with Babies Unit at Christchurch Women's Prison, maintaining connection and preparing for life beyond custody can be complex. Te Tamaiti te Puāwai provides a trusted bridge between the custodial environment, whānau aspirations and the community.

Kaimahi support the things that matter to healthy beginnings: attachment, pēpi development, parenting confidence, whānau connection and preparation for life after release. This includes supporting access to health care and Well Child services, developmental learning and play, safe sleep and infant nutrition, as well as practical advocacy within the unit.

Connection with whānau is central. Kaimahi support visits, video calls and relationships between māmā, their pēpi, older tamariki and wider whānau, while helping māmā prepare for the transition back into the community through home visits, whānau hui, referrals and practical support.

The impact of this mahi is seen in the confidence māmā build to respond to the needs of their pēpi, maintain important relationships and prepare for the future. It is also found in the connections strengthened around them, creating greater continuity between the unit, whānau and community.

Te Tamaiti te Puāwai demonstrates what participation can look like when support is grounded in relationship, advocacy and manaakitanga: creating space for māmā to have a voice in decisions affecting themselves and their pēpi, while strengthening the foundations for whānau connection and wellbeing.



Building Whānau Futures | Acknowledging the role of mātua

Parenting does not stop when a parent enters custody. Building Whānau Futures creates space for parents in Christchurch Men's Prison, Christchurch Women's Prison and Rolleston Prison to reflect on their own experiences, strengthen their parenting knowledge and consider how they want to connect with their tamariki.

Across eight-session programmes, participants explore wellbeing, identity, relationships and parenting through Te Whare Tapa Whā, alongside research-informed parenting approaches and culturally grounded kōrero. Waka Huia resources provide practical ways to maintain or prepare for connection through letters, phone calls, visits and future reconnection.

The strength of the programme is in creating a space where participants can be honest about what has shaped them and consider what they want to do differently. Participants reported greater self-awareness, improved emotional regulation, stronger understanding of parenting and increased motivation to build safe, respectful and loving relationships with their tamariki.

For some, that meant strengthening an existing relationship. For others, it meant holding onto the possibility of reconnection where contact was limited or had not yet been established.

Delivered in partnership with Corrections staff and wider intervention and support teams, the programme demonstrates the value of creating culturally relevant spaces for reflection and change, even within complex environments.

At its heart, Building Whānau Futures is about keeping whānau connection in sight and supporting parents to shape the relationships they want to build with their tamariki, now and into the future.



Tō mātou ara | Our way in action

Across 2025–2026, Te Puāwaitanga continued to strengthen a way of working grounded in relationships, collaboration and shared responsibility for whānau wellbeing. As we move into *He Hā Hou* | *A New Breath*, this mahi reflects our commitment to sustain what is strong, expand what is possible, transform systems that do not yet serve whānau well, and connect with partners who share our aspirations for whānau and hapori.

A growing partnership with the Social Investment Agency (SIA) is one expression of this approach. Through two signed agreements, Te Puāwaitanga is working alongside SIA to invest earlier, strengthen integrated support, and explore how government and communities can work differently together.

The Integrated First 2000 Days Early Years Pathway brings together services from pregnancy through a child's first 2000 days, creating a more connected experience for whānau. He Pikinga Waiora, delivered in collaboration with Purapura Whetū Trust (Purapura Whetū), brings a kaupapa-Māori approach to working alongside tamariki, rangatahi and whānau, building the relationships, skills, confidence and connections that support them to thrive across generations.

Together, these initiatives are expected to support more than 4500 tamariki, rangatahi and whānau across Ōtautahi over the next four years. Just as importantly, they create opportunities to test new ways of working that place whānau at the centre, rather than asking whānau to navigate fragmented systems on their own.

This is collaboration in action: strengthening what already exists, creating new pathways where they are needed, and building evidence about what makes a meaningful difference for whānau over time.

He Pikinga Waiora | Partnership in practice

He Pikinga Waiora is a four-year kaupapa Māori prevention and early-intervention programme, working alongside tamariki and rangatahi between the ages of 5 to 13, and their whānau, to build skills, confidence and positive pathways; strengthen protective relationships and whānau connection; contribute to healthier, more connected communities.

At its heart, He Pikinga Waiora is about coming together around whānau.

He Pikinga Waiora brings together the strengths, experience and relationships of Te Puāwaitanga and Purapura Whetū, recognising that tamariki and rangatahi flourish when support is holistic, culturally grounded and connected to whānau aspirations. In essence, Māori organisations shaping solutions with and for whānau, while contributing to wider conversations about how systems can better support whānau-driven outcomes.

Partnering with Nurse Maude | Placing kaumātua at the heart of community care

Our recent partnership with Nurse Maude combines the strengths of each organisation and brings together Nurse Maude's long-standing home and community care experience with a Te Puāwaitanga kaupapa Māori approach and deep whānau-centred practice.

Together, we are exploring future models of home care that support kaumātua and whānau to remain well, connected and living independently at home. While this mahi has a strong focus on improving outcomes for Māori, the learning generated has the potential to strengthen home care for the wider Ōtautahi community.

Across these partnerships, our practice remains anchored in how whānau should experience support: mana-affirming, inclusive, holistic and grounded in kaupapa Māori.

We see these ways of working as the braids of a river: distinct, connected and responsive to the environment around them. Woven together through trusted relationships, advocacy and manaakitanga, they create a network of support that moves with whānau, strengthens hapori and carries Te Puāwaitanga into our next phase of service delivery.



Te Hītori o Te Puāwaitanga |

Our History





2005 - Establishment

Te Puāwaitanga o Te Tamaiti service establishment.

Following advice, this led to the establishment of Te Puāwaitanga ki Ōtautahi Trust. Dame Aroha described Te Puāwaitanga as representing growth, development and the flourishing of children and whānau.

The logo symbolised the preciousness of tamariki as taonga each of the five koru representing a year in the child's growth, and the outer circle being the whānau surrounding the tamaiti.

2007 - Wairakei Road expansion and continuation

Leadership Philosophy
Several principles emerge from Dame Aroha's leadership:

- Never turn away opportunities that could benefit whānau.
- Advocate fearlessly for Māori
- Build capability within the community.
- Work collaboratively but maintain kaupapa integrity.
- Focus on solutions rather than barriers.
- Value people for their skills and commitment, regardless of background.

2016 - Gilberthorpes Road

Growth happened in supporting our whānau with a community māra kai and supporting immunisation through the Māui Clinic, where Te Puāwaitanga was a major community contributor in covid vaccination services.

During this time Wahakura Wānanga was established.

Gilberthorpes still resonates as a longstanding relationship to Te Puāwaitanga for many who passed through the doors in our 21 years operating.



2019 - Phillipstown Community Hub

This location provided an opportunity for the Trust to provide services in a clinical space, and strengthen group services. Our clinic mahi included Tamariki Ora Wellchild and Rapuora health checks, and our group work extended to hosting our Whānau Whakapuawai perinatal mental health pilot service.

From here, Te Puāwaitanga further strengthened its community outreach, and remains a known supporting provider within the Phillipstown hapori.



2022 - Winston Avenue Papanui

By this time Te Puāwaitanga had grown achieving greater outreach through significant funding increase, recognising outcomes delivered.

Growing from 35 kaimahi headcount to approximately 90 within a span of two years spurred the need to shift.

Winston Ave premises provided kaimahi with an updated working space to plan, collaborate, and come together as an organisation at any given time.



2023 - Eastgate Premises

The Eastgate site was located as an easily accessible option for whaiora in nearby communities and has clinical rooms and group wānanga set up, utilised daily.

Eastgate has given space for Rongoā practitioners and collaborations where we have worked alongside Te Tahi Youth, Ōhua Midwives, and other providers in a shared space setting.

He mihi ki ngā kaimahi

Ngā mihi ki a koutou, e ngā ringa kaha o Te Puāwaitanga ki Ōtautahi Trust.

We extend our heartfelt mihi to all our kaimahi for the care, commitment and hard work you bring to Te Puāwaitanga and the communities we serve.

Across our many services and kaupapa, you support whānau through every stage of life. Whether through clinical care, practical tautoko, advocacy, connection or simply taking the time to listen, your mahi makes a meaningful difference in the lives of whānau across Ōtautahi and Waitaha.

The ability of Te Puāwaitanga to continue this mahi, grow our reach and respond to the needs and aspirations of our communities is made possible by you. Thank you for the knowledge, aroha, resilience and dedication you bring each day, and for the part you play in carrying our kaupapa forward.

Ko Te Puāwaitanga ki a tātou katoa!



Our workforce as at 30 June 2026

Headcount and Full Time Employee (FTE)

Total kaimahi / staff headcount 94
Total non-casual headcount 92
Total casual headcount 2
Total non-casual FTE 80

Our age demographic

40-49 .....30%
30-39 .....25%
Under 30.....18%
50-59 .....14%
60+.....12%

Our workforce by gender

Ira wahine 90%
Ira Tāne.....10%

Kaimahi ethnicity (headcount)

Māori 62
Pākehā 25
Pacific.....6
Indian.....1

Qualifications profile

Certificate 19.1%
Diploma 14.9%
Degree 44.7%
Masters.....4.3%
PHD..... 1%
Other 7.4%



Pūrongo pūtea | Financial report

Our 2026 financial results show that Te Puāwaitanga ki Ōtautahi Trust remains in a sound financial position. During the year we received $10.44 million in revenue and spent $10.39 million delivering our mahi, leaving a modest surplus of $51,438. This compares with a much larger surplus of $3.60 million in 2025, when revenue was significantly higher. The smaller surplus in 2026 reflects a year in which our income and expenditure were much more closely aligned.

Importantly, the strength of the Trust is about more than the surplus we make in any one year. We finished 2026 with $5.74 million in net assets, slightly higher than the previous year. Our day-to-day operating activities also generated positive cash flow of around $543,000 (reflecting some funding also received in advance of next year). Put simply, we continued to live within our means, meet our commitments and maintain a strong financial foundation while delivering services and support for whānau.

For our funding and commissioning partners, kaimahi and whānau and partners, these numbers are ultimately about resilience and sustainability. A strong financial foundation gives us greater ability to respond as funding environments and community needs change, while continuing to invest carefully in our people, services and future.

Our aim is not to generate large surpluses for their own sake, but to be responsible kaitiaki of the resources entrusted to us so that Te Puāwaitanga can continue its kaupapa for whānau now and into the future. The independent audit provides further assurance, with Ashton Wheelans Limited issuing an unmodified audit opinion on the 2026 financial statements.

Want to know more?

Scan the QR code to read our full Audited Annual Financial Statements for the year ended 30 June 2026, including the independent auditor's report from Ashton Wheelans Limited.

Our funding and commissioning partners

We acknowledge and thank our funding and commissioning partners for their investment, partnership and trust throughout 2025/26. Their support enables our kaimahi to continue meaningful mahi alongside whānau and communities, and we are grateful for their contribution to our kaupapa.

MINISTRY OF SOCIAL DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA

ARA POUTAMA AOTEAROA
DEPARTMENT OF CORRECTIONS

MINISTRY OF EDUCATION
TE TĀHUHU O TE MĀTAURANGA

Te Whatu Ora
Health New Zealand

ORANGA TAMARIKI
Ministry for Children

Social Investment Agency
Toi Hau Tāngata

Rātā Foundation

Te Rūnanga o NGĀI TAHU

TE TAURAKI
Kia maiea te kupu tauraki

A thank you to all our collaborative partners in community working alongside us to support whānau outcomes throughout the year.

Purapura Whetu
Whaia te iti kahurangi

TAT
TANGATA ATUMOTU TRUST

Nurse Maude

Summarised Financial Statements

Te Puawaitanga ki Ōtautahi Trust
For the year ended 30 June 2026

	2026	2025
Summarised Statement of Comprehensive Revenue and Expense		
Revenue	10,441,743	14,933,924
Expenses	10,390,305	11,333,792
Surplus	51,438	3,600,132

	2026	2025
Summarised Statement of Net Assets/Equity		
Opening Balance	5,687,503	2,087,372
Total Comprehensive Revenue and Expense for the Year	51,438	3,600,132
Total Net Assets/Equity	**5,738,941**	**5,687,503**

	2026	2025
Summarised Statement of Financial Position		
Current Assets	7,181,228	6,341,661
Non-Current Assets	479,826	583,761
Current Liabilities	1,922,112	1,237,919
Net Assets/Equity	5,738,942	5,687,503

	2026	2025
Summarised Statement of Cash Flows		
Cash Flows from Operating Activities		
Receipts from exchange and non-exchange trnasactions	10,598,270	12,207,613
Payments to suppliers, employees and other operating activities	(10,055,759)	(11,290,740)
Total Cash Flows from Operating Activities	**542,511**	**916,873**
Cash Flows from Investing Activites		
Proceeds from Investment Sales	906,629	3,482
Payments for investments	(213,008)	(5,464,619)
Total Cash Flows from Investing Activites	**693,621**	**(5,461,137)**
Cash and cash equivalents at beginning of period	681,205	5,225,469
Cash and cash equivalents at end of the period	1,917,337	681,205

These summarised financial statements have been extracted from the full financial statements which were approved by the board of Te Puawaitanga ki Ōtautahi Trust on the 23 October 2026. The full financial statements comply with PBE Standards RDR and are audited by independent auditor's Ashton Wheelans Limited with an unmodified opinion. These summarised financial statements are prepared under Public Benefit Entity Financial Reporting Standard 43 - Summary Financial Statements (PBE FRS 43), and do not include all the disclosures provided in the full financial statements and cannot be expected to provide as complete an understanding as provided by the full financial statements. The full financial statements are available at 7 Winston Ave Christchurch or using the QR code.



Summarised Financial Statments Te Puawaitanga ki Ōtautahi Trust

ASHTON WHEELANS

INDEPENDENT AUDITOR'S REPORT ON SUMMARY FINANCIAL STATEMENTS

To the Trustees of Te Puawaitanga ki Otautahi Trust

Opinion

The summary financial statements, which comprise the summarised statement of financial position as at 30 June 2026, the summarised statement of comprehensive revenue and expense, summarized statement of changes in net assets/equity and summarised statement of cash flows for the year then ended, are derived from the audited financial statements of Te Puawaitanga ki Otautahi Trust for the year ended 30 June 2026. In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with the requirements of PBE FRS 43 '*Summary Financial Statements*'.

Audited Financial Statements and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated 9 November 2026.

Ashton Wheelans has assisted with the formatting of the financial report and summarised financial statements. This information has been obtained from the trustees who have maintained the accounting records throughout the year. All decisions affecting the financial report have been made by the trustees, who take full responsibility for the financial report. The assistance we provide has not affected our independence. Except for this matter and other than in our capacity as auditor we have no relationship with, or interests in the Trust.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Public Benefit Entity International Public Sector Accounting Standards - Reduced Disclosure Regime. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited financial statements and the auditor's report thereon.

Trustees' Responsibilities for the Financial Report

In preparing the financial report, the Trustees are responsible for the preparation of the summary financial statements in accordance with the requirements of PBE FRS 43 *'Summary Financial Statements'*.

Auditor's Responsibilities for the Audit of the Summary Financial Statements

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial statements based on our procedures, which were conducted in accordance with ISA (NZ) 810 '*Engagements to Report on Summary Financial Statements*'. The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of the auditor's report on the audited financial statements.

Ashton Wheelans Ltd

ASHTON WHEELANS LIMITED

Chartered Accountants
Level 2, 83 Victoria Street
Christchurch
9 Novemeber 2026



